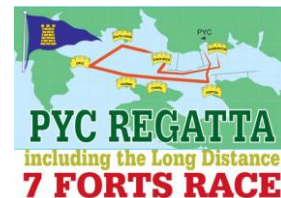# Pembrokeshire Yacht Club
# Sailing Instructions

**1.** **Dinghy Regatta ("Regatta") and 7-Forts Long Distance Race ("7-Forts") 2021 Pembrokeshire Yacht Club,** Gelliswick Bay, Milford Haven, SA73 3RS, Saturday 4th September 2021 & Sunday 5th September 2021 respectively **and will be treated as two separate events Regatta and 7-Forts**.

**PREAMBLE:** The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule.

## 1. RULES
1.1. The event is governed by the rules as defined in The Racing Rules of Sailing.

1.2. The following documents also govern this event, and are therefore Rules, however a boat may not protest another boat for breaking any rule in these documents:

    1.2.1. The Milford Haven Port Authority bylaws.

    1.2.2. The PYC COVID-19 Risk Assessment.

1.3. In the event of a conflict between documents, the Sailing Instructions will prevail. This changes RRS 63.7.

## 2. CONDITIONS OF ENTRY AND SAFETY REGULATIONS
2.1. Eligibility all entrants must sign the declaration as helm or parent/guardian as required therefore accepting the Notice of Race, Sailing Instructions and Risk Statement. The decision of the Organising Authority shall be final regarding matters of eligibility.

2.2. Tally System a Tally Board and individual tallies for each sailor may be used, and will be described at the briefing. Boats whose crew fail to comply shall accept the fine penalty. [A fine penalty will be a contribution to the RNLI, made before the protest time limit, of £5.00. Infringements will be posted on the official notice board before the protest time limit.

This changes RRS 63.1. Failure to comply with this instruction shall not be grounds for protest by another boat, changing RRS 60.1 (right to protest). No boat may launch until the advised by the Race Officer.

2.3. [NP] Rule 40.1 will apply at all times while afloat.

2.4. [NP][DP] A boat that retired from a race shall notify the race committee as soon as possible.

2.5. [NP] No boat shall impede any Commercial shipping.

2.6. Outside assistance is permitted by designated safety boats, at the Race Officer's discretion, this changes rule 41 (outside help).

## 3. COMMUNICATION WITH COMPETITORS
3.1. Notices to competitors will be posted on the official notice board which is a WhatsApp group.

3.2. Messages to competitors from the Race Committee may also be posted on the Competitor's WhatsApp group but these are for information only and errors, contradictions or anomalies will not be grounds for redress. This changes RRS 62.1(a).
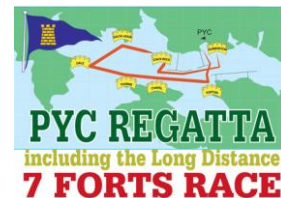
## 4. CHANGES TO SAILING INSTRUCTIONS
4.1. Any change to the sailing instructions given ashore will be posted at least sixty minutes before the start of the first race affected on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

4.2. Verbal changes to sailing instruction may be given afloat under the direction of the Race Officer by the race committee vessel displaying flag L.

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## 5. SIGNALS MADE ASHORE

5.1. Signals made ashore will be displayed from the flag pole in front of the Club starting deck.

5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes RRS race signal AP.

5.3. Launching signals may be made from the flagpole or by the Beach master where relevant

## 6. SCHEDULE OF RACES

6.1. Regatta – 4<sup>th</sup> September

| Activity | Time |
|---|---|
| First warning signal | 12:55 |
| Last permissible warning signal | 17:00 |
| Intended number of races | 3 (with option for 4) |

6.2. 7-Forts Long Distance Race – 5<sup>th</sup> September

| Activity | Time |
|---|---|
| First warning signal | 11:55 |
| Last permissible warning signal | 15:00 |
| Intended number of races | 1 |

6.3. Any Division Splits will be announced prior to the first race on each day.

6.4. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least one minute before a warning signal is made

## 7. DIVISION FLAGS

7.1. Division Flags will be:

Division 1 - Numeral Pennant 1

Division 2 - Numeral Pennant 2.

## 8. COURSES AREAS AND COURSES

8.1. The Course area for the day will be announced at the briefing.

8.2. For the Regatta

8.2.1 The course diagrams are outlined on Attachment 1 showing the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2.2 No later than the warning signal, the race committee will designate the course from a course board on the race committee vessel. All Divisions will sail the same course.

8.2.3 If no numbers are displayed all boats will sail the same course which is Course Z.

8.2.4 All Boats must sail through the start finish line on the Upwind leg. No Boat shall sail through the start finish line on the Downwind leg.

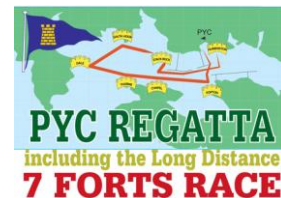8.3. For the 7 Forts Long Distance Race the course will be announced on the day.

## 9. MARKS

9.1. Course marks will be large inflatable yellow marks, unless otherwise advised in the briefing.

9.2. Regatta starting marks and finishing marks will be Small Blue/White round buoys.

9.3. 7-Forts starting mark will be Small Blue/White round buoy. The finishing mark will either be Small Blue/White round buoy or a Yellow Non-Planing buoy.

## 10. THE START

10.1. Races will be started by using RRS 26.

10.2. The starting line will be between a staff displaying an orange flag on the race committee vessel and the course side of the starting mark.

10.3. A boat starting later than four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

10.4. If any part of a boat's hull, crew or equipment is on the course side of the starting line during the two minutes before her starting signal, the race committee may display flag V. If displayed it will be displayed until all boats have sailed completely to the pre-start side, but not after the starting signal.

## 11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1. To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position or lay a new mark. When a new mark is laid, the original mark will be removed as soon as possible.

11.2. The Race Committee may move a mark (or the finishing line) up to approximately 100m without signalling the change. This changes RRS 33. If a new mark is laid, the change will be signalled.

11.3. In addition to RRS 32.1, the Race Committee may shorten the course, or abandon the race,

    11.3.1 because of insufficient wind; or

    11.3.2 commercial shipping

    11.3.3 because of any other reason the Race Committee deem appropriate.

Decisions made in this regard shall not be grounds for redress. This changes RRS 62.1(a).

## 12. THE FINISH

12.1. For the Regatta the finishing line will be between a staff displaying a blue flag on the race committee vessel and the course side of the finishing mark.

12.2 For the 7-Forts the expected Finish line will be the Club line which is a line made by 2 Orange Transits on the Club and by passing the Yellow Non-Planning buoy **to Port**. An alternative finish maybe used as 12.1 with the finishing mark **to Port**.

## 13. THE FINISHING PROCEDURE

13.1. The races will be run on an average lap time system. Competitors sail around the course until the race officer signals an end to the race by raising the Blue Flag and flying the Division numeral. At this point the competitors in that Division finish the lap they are on and an average time per lap is found.

13.2. Each finisher will receive a sound signal. If you DO NOT receive a sound signal, you have not finished and should continue until you do. If you are a backmarker in the same class of boat you may receive a sound signal before the leader of your class.

13.3. The Course may also be shortened at any mark.

## 14. TARGET TIMES AND TIME LIMITS

14.1. The intention is that Regatta races will continue for approximately 45 minutes. Boats failing to finish within 30 minutes after the first boat finishes will be scored Did Not Finish. This changes RRS 35 and A5.1 and A5.2.

14.2. Code flag W may be used at the Race Officer's discretion to finish those at the rear of the fleet at any time, and an approximate finish time may be calculated.
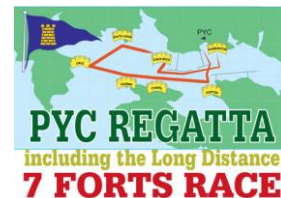
## 15. PENALTY SYSTEM – NOT APPLICABLE

## 16. HEARING REQUESTS

16.1. Boats intending to protest must inform the Race Committee as soon as possible after finishing, or at a convenient time if retiring. Hearing request forms are available from the race office.

16.2. The protest time limit is 60 minutes after the last boat comes ashore after the last race of the day or 60 minutes after the Race Committee signals no more racing today, if the fleet are already ashore.

16.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The protest room will be advised at the time.

16.4. Notices of protests by the Race Committee, Technical Committee, or Protest Committee will be posted to inform boats under RRS 61.1(b).

16.5. Post-Race Penalty

16.5.1 A boat that may have broken a rule of Part 2 of the Racing Rules of Sailing or rule 31 may, after finishing the race concerned and before the start of any related protest hearing, notify the race committee that she accepts a Post-Race Penalty – a 30% scoring penalty (SCP) calculated as stated in rule 44.3(c), except that the minimum penalty is three places and she shall not be scored worse than the number of boats that came to the starting area. However, if the boat caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the race or series by her breach her penalty shall be to retire.

16.5.2 When a Post-Race Penalty is accepted:

16.5.2.1 Neither the boat nor a Protest Committee may then revoke or remove the penalty.

16.5.2.2 The boat shall not be penalised further in a protest hearing when the protest committee decides that it was appropriate to the facts found and the applicable rules.

16.6. Advisory Hearing

16.6.1 When there is an incident that will not result in the lodging of a protest or a request for redress, a boat may request an advisory hearing and notify any boat involved in the incident. An adviser will then call a hearing to learn what may have happened and, provided all parties are willing to attend, will state whether any rule appears to have been broken, and by which boat. A boat may as a result notify the race office that she accepts a Post-Race Penalty when it applies to the incident, or choose to retire, but is not required to do so.

16.7. RYA Arbitration

16.7.1 When a protest is lodged, a boat may at the same time request RYA Arbitration, or the protest committee or race committee may offer it.

16.7.2 If the parties and a member of the protest or race committee agree that RYA Arbitration is suitable, an arbitrator (who may be that member of the protest committee) will call an Arbitration Hearing. When it is the arbitrator's opinion that a boat that is a party to the arbitration hearing has broken a rule for which the Post-Race Penalty is available, the party will be invited to accept that penalty and, if accepted, the protesting boat will be allowed to withdraw the protest, changing RRS 63.1.

16.7.3 When there is not agreement to use RYA Arbitration or when, after RYA Arbitration, a protest is not withdrawn or the Post-Race Penalty is not applicable to the facts, there will be a normal protest hearing at which the arbitrator may be a member of the protest committee. RRS 66 and 70 (reopening and appeal, respectively) do not apply to an arbitration since this is not a protest committee decision or procedure. A boat may still accept a Post-Race Penalty at any time before the start of a protest hearing and receive its protection from further penalisation. She may also retire.

## 17. SCORING

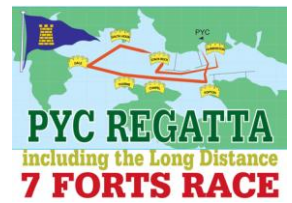17.1. For the Regatta 1 race is required to be completed to constitute a series.

17.2. For the Regatta a boat's series score will be the sum of her race scores, excluding her worst scores as listed below:

| Races completed | Scores excluded |
|---|---|
| 1 to 3 | 0 |
| 4 | 1 |

## 18. RISK STATEMENT

RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk.

By taking part in the event, each competitor agrees and acknowledges that:

a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

d) Their boat is in good order, equipped to sail in the event and they are fit to participate;

e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;

f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any briefing held for the event

## 23. INSURANCE

23.1. [NP] Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3 million per incident or the equivalent.

## 24. PRIZES

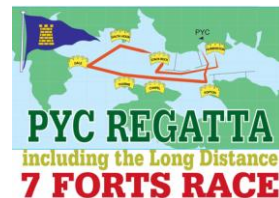24.1. Prizes will be awarded at the discretion of the Organising Authority.

## Further information

Event Contacts: **Sailing Captain – Julian Owens – pycracing@yahoo.com – 07766552833**

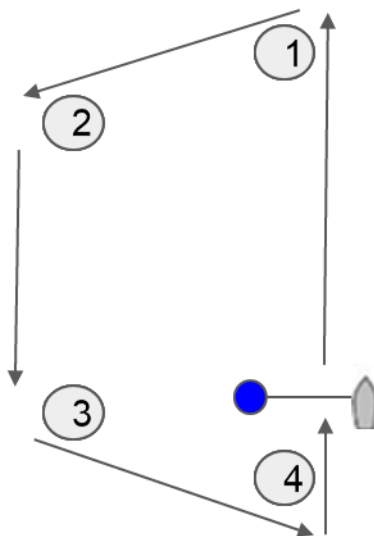# Pembrokeshire Yacht Club
# Sailing Instructions

## Attachment 1 – Courses

**TRAPEZOID "Z"**
Start-1-2-3-4-TTL
Repeat until stopped
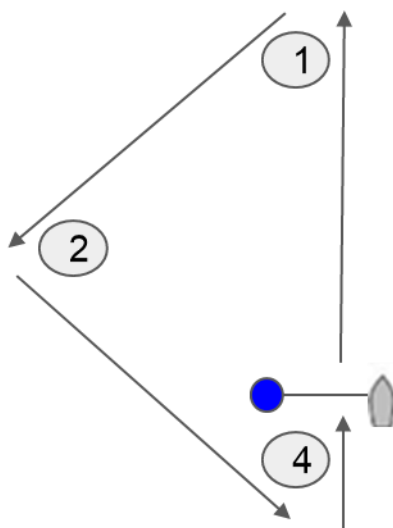
Note-all roundings to port

**TRIANGLE "T"**
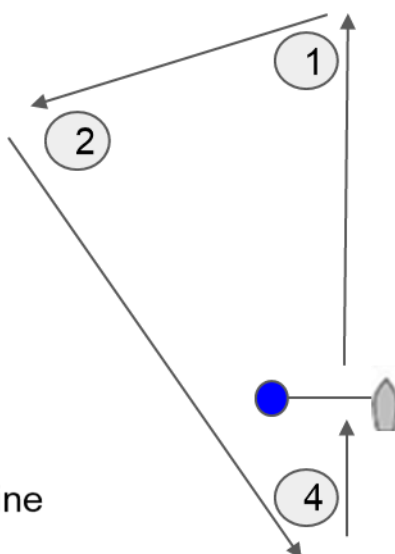Start-1-2-4-TTL
Repeat until stopped

Note-all roundings to port

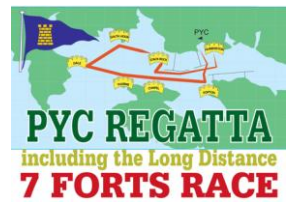**OFFSET TRIANGLE "O"**
Start-1-2-4-TTL
Repeat until stopped
Note-all roundings to port

TTL=Through the Start/Finish Line

# Pembrokeshire Yacht Club
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## Attachment 1 – Courses (continued)
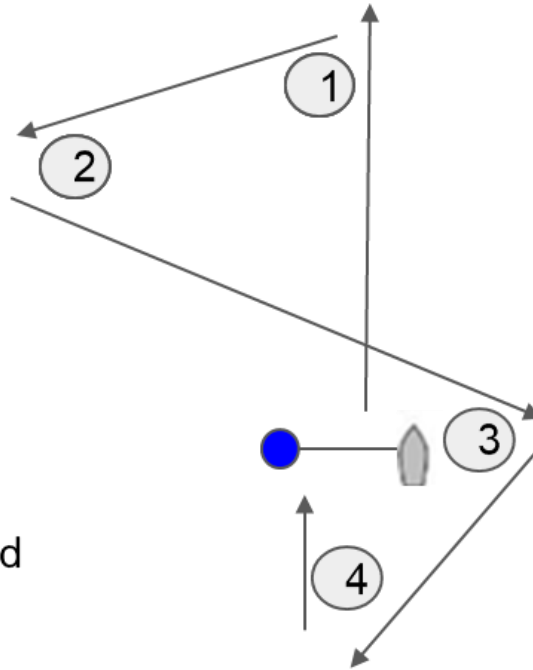
**SLALOM "S"**
Start
1 p
2 p
3 s
4 s
TTL
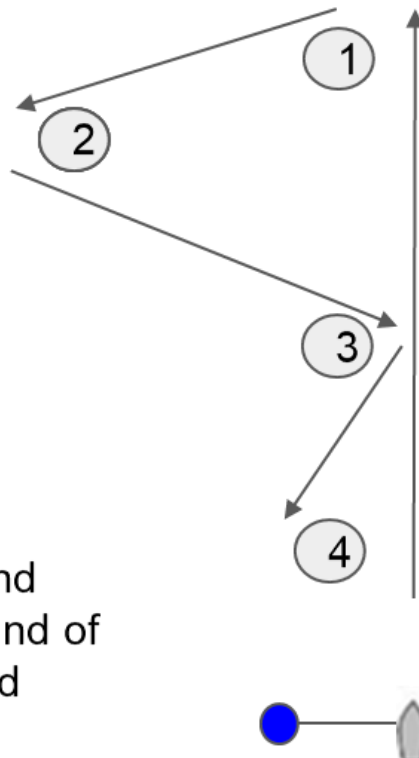Repeat until stopped

**REVERSE "P"**
Start
1 p
2 p
3 s
4 p
Repeat until stopped

Finish will be downwind
through a line downwind of
Mark 4, having passed
Mark 4 to Port.

TTL=Through the Start/Finish Line